RESOURCES AT-A-GLANCE:

Behavioral Health Services In Lower Fairfield County

Compliments of: Lower Fairfield County Regional Action Council



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Revised: 12-10-12

Information at a Glance: Services in the Greater Stamford Area

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US National Suicide 1-800-784-2433 or 1-800-273-8255

If you Need Information

If You Need Shelter and Housing

 Shelter for the Homeless (Men only-Stamford, CT)
 203-348-2792

 Dept. Social Services (Single women only)
 203-251-9300

 CTE
 203-327-3260

 Inspirica (formerly St. Luke's Life Works)
 203-388-0152

 Norwalk Emergency Shelter
 203-866-1057

 CT Housing
 1-877-428-8844 or go to www.cthousingsearch.org

(A free Service to List & Locate: Accessible, Affordable or, Market Rate Housing Available Online, or Through Our Toll Free Call Center)

If You Need Community Health Services

If You Need Self-Help Groups



SUBSTANCE ABUSE SERVICES (Greater Stamford Area)

Additional Substance Abuse Resource Contact Information:

211 Infoline: Connecticut resource that will assist you to locate Substance Abuse & Mental Health treatment centers Phone

number: 211 or go to website: www.211ct.org Toll free, Multilingual, Confidential, 24 hours a day

CT BHP: http://www.ctbhp.com/index.htm or 1-800-842-8440 (in-state toll free); Supporting health & recovery

<u>Treatment Locator Hotline</u>: 1-800-662-4357 or go to http://dasis3.samhsa.gov to locate a treatment center

Road to Recovery: Currently establishing a web site - A transportation program for people in substance abuse

treatment/detoxification; located in New Haven, CT/serves ALL of Connecticut; Takes Husky D with no cash benefits or person

can self-pay - Phone: 203-401-2088

CT Latino Behavioral Health System: Coordinates multiple programs - Phone: 203-974-5805 or go to

http://www.ctlbhs.org/contact.html

Agency/Organization	Adult	Youth	Inpatient	Outpatient	DETOX
Addiction Recovery Services Greenwich Hospital 203-863-4673 www.greenhosp.org	✓		✓	✓	✓
Arms Acres Caramel, NY 1-888-227-4641 <u>www.armsacres.com</u>	✓	✓		✓	✓
Chemical Abuse Services Agency Bridgeport, CT CASA (accessed through Recovery Network of Programs) (203) 974-5805 http://www.ctlbhs.org/casa.html	~			√	√
Child Guidance Center Stamford, CT 203-324-6127 www.childguidancect.org		✓		✓	
CT Counseling Centers Inc. Norwalk, CT 203-838-6508 www.ctcounseling.org	✓			✓	
CTE-Viewpoint Stamford, CT 203-356-1053 www.ctecap.org/viewpoint. html	✓		✓		
CT Renaissance Stamford, CT 203-325-4193 <u>www.ctrenaissance.com</u>	✓	✓		✓	
Family Centers Inc. Greenwich, CT 203-869-4848 www.familycenters.org	✓	✓		✓	
Liberation Programs Inc. Stamford, CT 203-356-1980 www.liberationprograms.org	✓	✓	Adults Only	✓	
Midwestern CT Council of Alcoholism (7 sites) Danbury, CT 877-874-6222 <u>www.mccaonline.com</u>	✓		✓	✓	✓
Norwalk Hospital - Substance Abuse Program Norwalk, CT 203-852-2337 <u>www.norwalkhospital.org</u>	✓		✓	✓	✓
Positive Directions Center For Prevention and Recovery 203-227-7644 <u>www.positivedirections.org</u>	✓	✓		✓	
Recovery Network of Programs Inc. Multiple programs Adm: 203.929.1954 http://www.recovery-programs.org/	✓	✓	Adults Only	✓	✓
St. Vincent's Behavioral Health Services Westport, CT 203-227-1251 www.hallbrooke.org	✓	✓	✓	✓	Adults Only
Silver Hill Hospital New Canaan, CT 203-966-3561 www.silverhillhospital.org	✓	✓	✓	✓	Adults & Youth
Stamford Counseling Center Stamford, CT 203-323-8560 www.sccweb.org	✓	✓		✓	



Revised: 12.3.12

Substance Abuse Detoxification Programs in the Greater Stamford Area

<u>Road to Recovery</u>: Currently establishing a web site – A transportation program for people needing detoxification; located in New Haven/serves ALL of Connecticut; Takes Husky D with no cash benefits or the person can self-pay- Phone: 203-401-2088

Name	Address	Phone	Website
Alcohol, Drug & Recovery	500 Blue Hills Avenue	860-714-3700	http://www.adrc-ct.org/
Centers, Inc. (ADRC)	Hartford, CT 06112		
Arms Acres	75 Seminary Hill Road	1-888-227-	www.armsacres.com
	Carmel, NY 10512	4641	
Blue Hills Substance	51 Coventry Street	860-293-6400	www.dmhas.state.ct.us
Services of Hartford	Hartford CT 06112		
(Cedarcrest Regional	500 Vine Street	860-262-6322	
Hospital)	Hartford CT 06112		
CT Latino Behavioral	34 Park Street	203-974-5805	http://www.ctlbhs.org/contact.html
Health System	New Haven, CT 06519		
(coordinates multiple S.A.	,		
programs)			
Connecticut Valley	Silver Street,	860-262-6322	http://interventionamerica.org/Me
Hospital, Methadone	Middletown, CT 06457	860-262-5000	thadone detoxification/listing.cfm?
Detoxification (CVH)			Drug Rehab ID=2291
Midwestern Connecticut	38 Old Ridgebury Rd.	203-792-4515	http://www.mccaonline.com/our-
Council of Alcoholism	Danbury, CT 06810	Ext. 2	programs/inpatient/detox-and-
(MCCA)		877.874.6222	evaluation/
First Step (RNP)	425 Grant Street	203-416-1915	http://www.recovery-
	Bridgeport, CT. 06610		programs.org/FS.html
Rushford (in-patient Detox	1250 Silver Street	800-542-4791	www.rushford.org
program	Middletown, CT 06457		
Rushford (out-patient	1250 Silver Street	860-346-0300.	www.rushford.org
Detox Program)	Middletown, CT 06457		
Southeastern Council on	47 Coit Street	860-447-1717	http://www.scadd.org/detox.html
Alcohol & Drug	New London, CT	Ext. 1	
Dependence (SCADD)	06320		
(inpatient Detox program)			
South Central	232 Cedar Street	203-503-3317	http://alcoholism.about.com/od/tx
Rehabilitation Center of	New Haven CT 06519	203-503-3300	ct/qt/scrc_newhaven.htm
New Haven (SCRC)			
Stonington Institute	75 Swantown Hill RD.	860-535-1010	http://stoningtoninstitute.com/tre
	North Stonington, CT	Ext. 1	atment-programs/detoxification/
	06359		

Road To Recovery:

A Funded Transportation Program for people in Substance Abuse/Detoxification Programs

Requirements:

- > The individual needing transportation must be receiving Husky D with no cash benefits.
- An individual can **self-pay Road to Recovery** for their transportation, if they are not receiving Husky D.
- > Transportation requests must be made the <u>day before</u> or the <u>morning of the appointment</u>.

Contact Information:

(203) 401-2087 Voice Road to Recovery

(203) 401-2088 Voice Road to Recovery

(203) 401-4400 ext. 135 Voice

http://www.columbushouse.org

info@columbushouse.org

Administrative Office Location:

COLUMBUS HOUSE

586 Ella Grasso Boulevard

New Haven, CT 06519



MENTAL HEALTH PROVIDERS (GREATER STAMFORD AREA)

To locate Mental Health Services: Phone: 211 or go to www.211ct.org (Toll free, Multilingual, Confidential, 24hrs a day)

Connecticut BHP: An integrated behavioral health service system for their members: Connecticut's Medicaid populations, children and families who are enrolled in HUSKY A, & B, DCF Limited Benefit, Charter Oak Health Plan, Medicaid Low Income Adults (LIA) and Medicaid Fee for Service programs. Contact them through 1-800-842-8440 or at http://www.ctbhp.com/

F.S. Dubois Center: The State's Regional Mental Health Center for the Greater Greenwich/Stamford area; Phone: 203-358-8500 or go to www.ct.gov/dmhas/cwp/view

<u>Treatment Locator Hotline</u>: Phone: 1-800-662-4357 or go to http://store.samhsa.gov/mhlocator

CT Latino Behavioral Health System: Coordinates multiple programs – Phone: 203-974-5805 or go to

http://www.ctlbhs.org/contact.html

Agency/Organization	Adult	Youth	Inpatient	Outpatient
Behavioral Health Clinic Greenwich Hospital	√	√	Adults	√
203- 863-3300 <u>www.greenhosp.org</u>	•	V	Only	V
Child Guidance Center Stamford, CT		√		√
203-324-6127 <u>www.childguidancect.org</u>		V		•
CT Counseling Centers Inc. Norwalk, CT	√			√
203-838-6508 www.ctcounseling.org	•			•
CT Renaissance Stamford, CT	√	√		./
203-325-4193 <u>www.ctrenaissance.com</u>	•	V		V
Family Centers Inc. Greenwich, CT	√	√		√
203-869-4848 <u>www.familycenters.org</u>	•	V		•
Four Winds Hospital Katonah, NY	√		√	./
1-800-528-6624 <u>www.fourwindshospital.com</u>	•		V	V
Norwalk Hospital Norwalk, CT				
Department of Psychiatry	✓		✓	✓
203-852-2988 www.norwalkhospital.org				
Optimus Behavioral Health Services Stamford, CT 203-621-3700	✓			\checkmark
http://optimushealthcare.org/stamford-locations				
Recovery Network of Programs Inc. Bridgeport, CT	√	√	Adults	
203-333-3518 <u>www.recovery-programs.org</u>	V	V	Only	V
St. Vincent's Behavioral Health Serv. Westport, CT	√	√		
203-227-1251 www.hallbrooke.org	V	Y .	√	V
Silver Hill Hospital New Canaan, CT	√	√	./	✓
203-966-3561 <u>www.silverhillhospital.org</u>	v	v	v	
Southwest CT Mental Health System Stamford, CT				
F.S. DuBois Center	✓	✓		✓
203-358-8500 www.ct.gov/dmhas/cwp/view				
Stamford Counseling Center Stamford, CT	✓	✓		✓
203-323-8560 <u>www.sccweb.org</u>				



Revised: 12-3-12

YOUTH SUBSTANCE ABUSE and MENTAL HEALTH SERVICES in lower Fairfield County Region

Substance Abuse (SA), Mental Health (MH), Inpatient (I), Outpatient (O)

- * 211 Infoline: Connecticut resource that will assist you to locate treatment center. Ph: 211 or go to website: www.infoline.org
- * TREATMENT Locator Hotline: Open 24 hrs: Ph: 1-800-662-4357 or go to http://dasis3.samhsa.gov to locate a treatment center
- * Connecticut BHP: An integrated behavioral health service system for their members: Connecticut's Medicaid populations, children and families who are enrolled in HUSKY A, & B, DCF Limited Benefit, Charter Oak Health Plan, Medicaid Low Income Adults (LIA) and Medicaid Fee for Service programs. Contact them through 1-800-842-8440 or at http://www.ctbhp.com/
- * Road to Recovery: Currently establishing a web site A transportation program for people in substance abuse treatment/detoxification; located in New Haven, CT/serves ALL of Connecticut; Takes Husky D with no cash benefits or person can self-pay - Phone: 203-401-2088

Haven, et/serves/ter or connecticat,							. ,	
Provider/Contacts	Ages	SA	МН	ı	0	DETOX	Intake Hours	Requirements for Admittance *Info subject to change. Contact provider for updates.
Arms Acres Caramel, NY Ph: 1-888-227-4641 www.armsacres.com	12-18	✓		✓	✓	✓	7 days/wk 8am-8pm	Insurance: Commercial insurance, managed-care programs, Medicaid, Payment plan also available. Other: Referrals only, no walk-ins
Child Guidance Center Stamford, Ct <i>Ph: 203-324-6127</i> www.childguidancect.org	up to 18		~		>		M: 8am-6pm T-Th: 8am-8pm F: 8am-5pm	Insurance: Private insurance and Medicaid, commercial insurance carriers: Oxford, Anthem and MHN. Payment plan also available Other: referrals only, no walk-ins
CT Renaissance Stamford Office Ph: 203-325-4193 www.ctrenaissance.com	16-21	√	~		✓		M-Th: 9am-8pm F: 9am-5pm	Insurance: Medicaid, Medicare, General Assistance and many major health plans. In addition a sliding fee schedule for the uninsured is offered. Other: Referrals only, no walk-ins
Family Centers Inc. Main Office: Greenwich, CT Ph:203-869-4848 www.familycenters.org	up to 18		>		✓		M-F: 8:30am-5pm	Insurance: Most commercial and private insurance companies, managed-care programs, and Medicaid. Payment plan also available Other: Referrals only, no walk-ins
Four Winds Hospital Katonah, NY Ph: 1-800-528-6624 www.fourwindshospital.com	5-17	√	√	~	~		M-F: 9am-3pm 24hrs 7days/wk	Insurance: 3 rd Party Insurance, Blue Cross/Blue Shield, NY State Medicaid (under 21/over 65), Managed Medicaid for all ages, Medicare
Greenwich Hospital Behavioral Health Clinic Ph: (203) 863-3300 www.greenhosp.org	Up 21	√	✓		✓		Mon-Fri: 8am-4:30pm	Insurance: Oxford, BCIBS, Husky, Empire, SAGA, managed-care programs, and Medicaid. Financial help qualified Greenwich residents. Other: Referrals only, no walk-ins.



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	SERVICES					_		_
Provider/Contacts	Ages	SA	МН	-1	0	DETOX	Intake Hours	Requirements for Admittance *Info subject to change. Contact provider for updates.
Liberation Programs Inc. Family and Youth Options Main Office: Stamford, CT Ph:203-391-7935 www.liberationprograms.org	12-18	√	~		~		M-Thurs. 8 am – 7 pm Friday 8am-5 pm	Insurance: Oxford, BCIBS, Husky, TIHC19, SAGA, managed-care programs, and Medicaid. Payment plan also available Other: Walk-ins taken
Midwestern CT Council of Alcoholism (MCCA) Danbury, CT <i>Ph:203-792-4515</i> <u>www.mccaonline.com</u>	13-17	~		>	>	Adults Only	M-F 9am-5pm	Insurance: Many managed care plans traditional insurance. Many plans require co-payment at time of visit; also accepts cash, checks and most major credit cards. Some insurance plans may require that you obtain authorization
Silver Hill Hospital New Canaan, CT Ph :203-966-3561 www.silverhillhospital.org	13-17	✓	~	~	~	*	M-F: 9am-5pm	Insurance: Silver Hill Hospital is in network with many major insurance and managed care companies, including Medicare, for inpatient care.
Stamford Counseling Center Stamford, CT Ph 203- 323-8560 www.sscweb.org	6 yrs & up	√	√		~		M-F 9am-9pm	Fees are charged on a sliding scale based on income and the type of counseling needed. In many cases, fees are either covered by insurance or subsidized by outside financial support
St.Vincent's Behavioral Health Services Westport, CT Ph: 203-227-1251 www.hallbrooke.org	5-18		✓	✓	√		M-F: 8:30 am- 11:30 pm Sat/Sun: 10-6	Insurance: Medicare, Medicaid, most major medical insurance companies, HMO's, and preferred providers. Other: Referrals only, no walk-ins



^{* 211} Infoline: Connecticut resource that will assist you to locate treatment center. Ph: 211 or go to website: www.infoline.org

^{*} TREATMENT Locator Hotline: Open 24 hrs: Ph: 1-800-662-4357 or go to http://dasis3.samhsa.gov to locate a treatment center

^{*} Connecticut BHP: An integrated behavioral health service system for their members: Connecticut's Medicaid populations, children and families who are enrolled in HUSKY A, & B, DCF Limited Benefit, Charter Oak Health Plan, Medicaid Low Income Adults (LIA) and Medicaid Fee for Service programs. Contact them through 1-800-842-8440 or at http://www.ctbhp.com/

ADULT SUBSTANCE ABUSE and MENTAL HEALTH SERVICES in lower Fairfield County Region

Substance Abuse (SA), Mental Health (MH), Inpatient (I), Outpatient (O)

- * 211 Infoline: Connecticut resource that will assist you to locate treatment center. Ph: 211 or go to website: www.infoline.org
- * TREATMENT Locator Hotline: Open 24 hrs: Ph: 1-800-662-4357 or go to http://dasis3.samhsa.gov to locate a treatment center
- * Connecticut BHP: An integrated behavioral health service system for their members: Connecticut's Medicaid populations, children and families who are enrolled in HUSKY A, & B, DCF Limited Benefit, Charter Oak Health Plan, Medicaid Low Income Adults (LIA) and Medicaid Fee for Service programs. Contact them through 1-800-842-8440 or at http://www.ctbhp.com/
- * Road to Recovery: Currently establishing a web site A transportation program for people in substance abuse treatment/detoxification; located in New Haven, CT/serves ALL of Connecticut; Takes Husky D with no cash benefits or person can self-pay - Phone: 203-401-2088

		SER	VICES	_	_		_
Provider/Contacts	SA	МН	_	0	DETOX	Intake Office Hours	Requirements for Admittance *Info subject to change. Contact provider for updates
Addiction Recovery Services Greenwich, CT Greenwich Hospital Ph:203-863-4673 www.greenhosp.org	√		√	√	√	M-F: 8am-5pm	Insurance: General Plans, Workers Compensation, Medicaid Plans, Medicare Plans Other: Referrals only. No walk-ins.
CARON New York City Ph: 1-800-678-2332 <u>www.caron.org</u>	✓		✓	✓	✓	7 day/week 8am-12am	Insurance: Work with insurance companies. Other: Referrals. No walk-ins
Chemical Abuse Services Agency Inc (CASA), Bridgeport, CT (203) 339-4112 x304 www.CASAincct.org	>	>		~		M-F: 9 am-5 pm	Insurance: SAGA, T19, T18 Services in Spanish and English with a Spanish only program option
CT Counseling Centers Inc. Norwalk, CT Ph: 203-838-6508 www.ctcounseling.org	√	√		√		Office hrs: 6am-2pm	Insurance: Medicare, Medicaid, Private and commercial insurance, payment plans available Other: Referrals only. No walk-ins
CTE-Viewpoint Stamford, CT 203-356-1053 www.ctecap.org/viewpoint. html	✓		✓			M-F: 8am-5pm	Insurance: No fee to client. Confirmed in State Administered General Assistance (SAGA) Other: Contact Viewpoint for info on entrance criteria.
CT Renaissance Stamford, CT Stamford Office 203-325-4193 www.ctrenaissance.com	>	>		~		M-T: 9am-8pm F: 9am-5pm	Insurance: Medicaid, Medicare, General Assistance and many major health plans. In addition a sliding fee schedule for the uninsured is offered. Other: Referrals only. No walk-ins
Four Winds Hospital Katonah, NY 1-800-528-6624 or 1-914-763-8151 www.fourwindshospital.com	√	~	~	√		M-F: 9am-3pm 24Hrs 7days/Wk	Insurance: Third Party Insurance, Empire Blue Cross/Blue Shield, New York State Medicaid (under 21 and over 65), Managed Medicaid accepted for all ages, Medicare Other: Referrals Only. No walk-ins
F.S. DuBois Center Stamford, CT 203-358-8500 http://www.ct.gov/dmhas/cwp/view.asp	√	✓		✓		M-F: 8am-5pm	Insurance: Medicare and most insurance companies.
Greenwich Hospital Greenwich, CT Behavioral Health Clinic 203- 863-3409 www.greenhosp.org	√	✓		✓		Mon-Fri: 8am-4:30pm	Insurance: Oxford, BCIBS, Husky, Empire, SAGA, managed-care programs, and Medicaid. Financial help to qualified Greenwich residents. Other: Referrals only. No walk-ins

Updated: 12.2-12

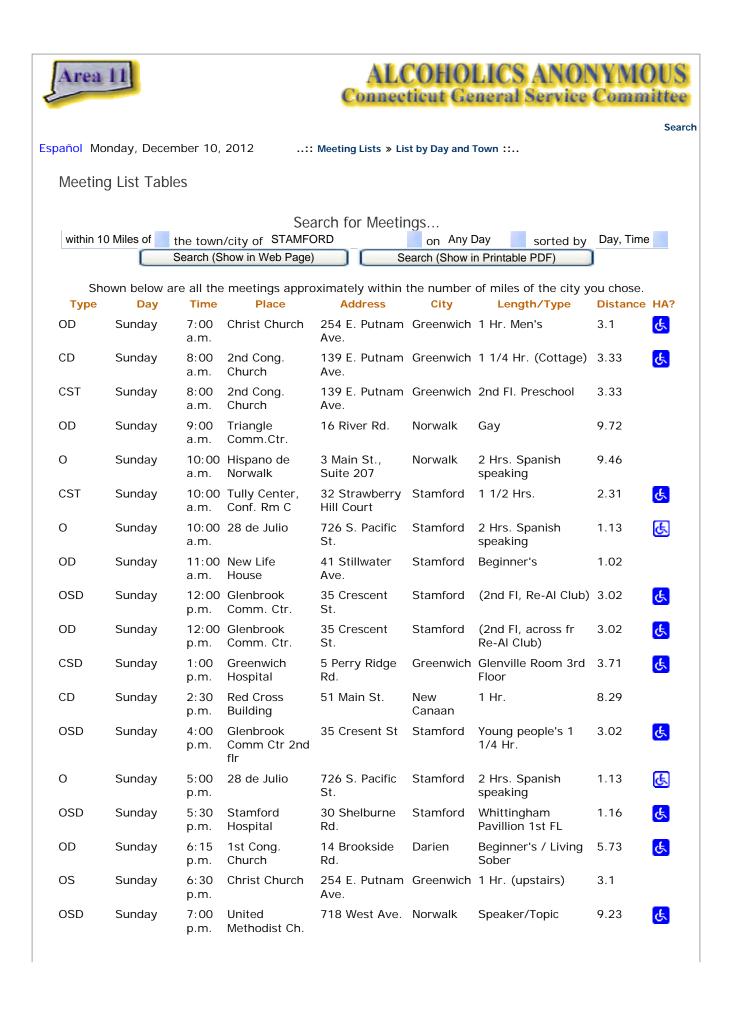
ADULT SUBSTANCE ABUSE and MENTAL HEALTH SERVICES in lower Fairfield County Region

Substance Abuse (SA), Mental Health (MH), Inpatient (I), Outpatient (O)

- * 211 Infoline: Connecticut resource that will assist you to locate treatment center.
- Ph: 211 or go to website: www.infoline.org
- * TREATMENT Locator Hotline: Open 24 hrs: Ph: 1-800-662-4357 or go to http://dasis3.samhsa.gov to locate a treatment center
- * Connecticut BHP: An integrated behavioral health service system for their members: Connecticut's Medicaid populations, children and families who are enrolled in HUSKY A, & B, DCF Limited Benefit, Charter Oak Health Plan, Medicaid Low Income Adults (LIA) and Medicaid Fee for Service programs. Contact them through 1-800-842-8440 or at http://www.ctbhp.com/
- * Road to Recovery: Currently establishing a web site A transportation program for people in substance abuse treatment/detoxification; located in New Haven, CT/serves ALL of Connecticut; Takes Husky D with no cash benefits or person can self-pay Phone: 203-401-2088

		SER	VICES	-			
Provider/Contacts	SA	МН	_	0	DETOX	Intake Office Hours	Requirements for Admittance *Info subject to change. Contact provider for updates.
Liberation Programs Inc. Stamford, CT 203-356-1980 www.liberationprograms.org	√	~	√	√		M-Thurs: 8am-7 pm Friday 8 am- 5 pm	Insurance: Most commercial and private insurance, managed-care programs, and Medicaid. Payment plan also available (BCIBS, CIGNA, AETNA, OXFORD) Other : Walk-ins are taken.
Norwalk Hospital Department of Psychiatry (IOP) 203-852-2337 Norwalk, CT http://www.norwalkhospital.org/	✓	√	√	√	√	M-Th: 5:30 -8:30 PM	Insurance: Medicare and most insurance plans
Optimus Behavioral Health Program Washington Blvd 203- 311-6002 www.optimushealthcare.org		√		✓		M-F 9am-5pm (to 9 pm on Mondays)	Insurance: Medicare and most insurance companies.
Positive Directions Center Westport, CT For Prevention and Recovery 203-227-7644 www.positivedirections.org	✓	✓		√		M-F: 9am-5pm	Insurance: Most commercial and private insurance companies, managed-care programs, and Medicaid. Payment plan also available. W-T-H Other: Contact for appointment. No walk-ins
Recovery Network of Programs Inc. (Multiple program) Bridgeport, CT 203-333-3518 www.regionalnetwork.org	√	√	√	√	√	M-F: 9am-5pm	Insurance: Medicaid LIA, and Cash Rehab Option program through DSS. Other: Walk-ins are taken.
St. Vincent's Behavioral Health Services Westport, CT 203-227-1251 www.hallbrooke.org	√	~	*	√	√	M-F: 8:30-11:30pm Sat/Sun: 10-6	Insurance: Medicare, Medicaid, most major medical insurance companies, HMO's, and preferred providers. Other: Referrals only. No walk-ins
Silver Hill Hospital New Canaan, CT 203-966-3561 www.silverhillhospital.org	✓	√	✓	✓	√	7 days /week 24 hrs	Insurance: Silver Hill Hospital is in network with many major insurance and managed care companies, including Medicare, for inpatient treatment. Other: No walk-ins
Stamford Counseling Center Stamford, CT 203- 323-8560 www.sscweb.org	~	√		~		M-F 9am-9pm	Fees charged on sliding scale (by income, type of counseling needed). Often, fees are either covered by insurance or subsidized by outside financial support" Other: By appt.





OD	Sunday	7:00 p.m.	Pacific House	597 Pacific St.	Stamford	1 Hr./ Beginner's	1.19	<u>&</u>
CST	Sunday	7:00 p.m.	Glenbrook Comm. Ctr.	35 Crescent St.	Stamford	Beginner's Steps 1,2,3 (2nd FI)	3.02	<u></u>
CST	Sunday	8:00 p.m.	Christ Church	254 E. Putnam Ave.	Greenwich	Parish House Library	3.12	
OD	Sunday	8:00 p.m.	Hispano de Norwalk	3 Main St., Suite 207	Norwalk	2 Hrs. Spanish speaking	9.46	
CSD	Monday	7:00 a.m.	2nd Cong. Church	139 E. Putnam Ave.	Greenwich	Promises	3.33	<u></u>
CD	Monday	7:30 a.m.	1st Congregational Ch.	14 Brookside Rd.	Darien	Meditation	5.73	Œ
CD	Monday	7:30 a.m.	Cong. Church	23 Park St.	New Canaan	24 Hours a Day	8.26	Ŀ
OD	Monday	7:30 a.m.	Unitarian Universalist Soc.	20 Forest St.	Stamford	1 Hr. Daily Reflections	1.71	<u>હ</u> ્દ
OSD	Monday	10:00 a.m.	Norwalk Hospital	23 Maple St.	Norwalk	Bsmnt Nash Auditorm	8.96	<u>(</u>
CST	Monday	12:00 p.m.	Christ Church	254 E Putnam Ave	Greenwich	1 Hr.	3.1	
CST	Monday	12:00 p.m.	Glenbrook Comm. Ctr.	35 Crescent St.	Stamford	(2nd FI, Re-Al Club)	3.02	<u>&</u>
OST	Monday	12:00 p.m.	New Life House	41 Stillwater Ave.	Stamford	Alternating Step/Tradition	1.02	
OD	Monday	12:00 p.m.	1st Cong. Church	1 Walton Place	Stamford	Beginner's	1.73	
CST	Monday	12:15 p.m.	1st Cong. Church	14 Brookside Rd.	Darien	1 Hr.	5.73	<u>&</u>
CSD	Monday	5:30 p.m.	Presbyterian Ch.	38 West End Ave.	Greenwich	1 Hr.	0.86	<u>&</u>
OD	Monday	6:30 p.m.	Glenbrook Comm. Ctr.	35 Crescent St.	Stamford	Beginner's (2nd FI, Re-Al Club)	3.02	<u>&</u>
CD	Monday	7:00 p.m.	E. Ave. United Methodist Ch.	244 East Ave.	Norwalk	Women's Mtg. 1 1/4 Hrs.	9.22	Ŀ
OD	Monday	7:00 p.m.	United Methodist Ch.	718 West Ave.	Norwalk		9.23	<u></u>
OSD	Monday	7:00 p.m.	St Andrew's Episcopal Ch.	1321 Washington Blvd.	Stamford	1 Hr.	1.51	
CBB	Monday	7:30 p.m.	1st United Methodist Ch.	61 E. Putnam Ave.	Greenwich	1 Hr.	2.33	
CST	Monday	7:30 p.m.	St Catherine's Ch.	4 Riverside Ave.	Greenwich	Women's Mtg. Rm 210	1.43	
CTD	Monday	7:30 p.m.	Christ Episcopal Ch.	1 Gregory Blvd.	Norwalk	Traditions 45 min.	9.31	<u>E</u>
CSD	Monday	7:30 p.m.	Turn Of River Presbyterian Ch.	49 Turn Of River Rd.	Stamford	Speaker/Discussion	4.47	Ŀ
CST	Monday	7:30 p.m.	Stamford Baptist Ch.	602 High Ridge Rd.	Stamford	Step/Tradition	3.73	

CSD	Monday	8:00 p.m.	St. Thomas Moore School	374 Middlesex Rd.	Darien	1 Hr.	5.03	Œ
CSD	Monday	8:00 p.m.	St. Michael's Ch.	469 North St.	Greenwich	1 Hr.	3.95	Ŀ
CST	Monday	8:00 p.m.	St. Saviour's Episcopal Ch.	350 Sound Beach Ave.	Greenwich	(Mtg In Basement)	1.04	
OST	Monday	8:00 p.m.	Hispano de Norwalk	3 Main St., Suite 207	Norwalk	2 Hrs. Spanish speaking	9.46	
OSD	Monday	8:00 p.m.	Norwalk Hospital	23 Maple St.	Norwalk	Bsmnt Nash Auditorm	8.82	Œ
0	Monday	8:00 p.m.	28 de Julio	726 S. Pacific St.	Stamford	2 Hrs. Spanish speaking	1.13	Ŀ
OS	Monday	8:30 p.m.	Christ Episcopal Ch.	1 Gregory Blvd.	Norwalk	3 Speaker	9.31	Ŀ
CD	Tuesday	7:00 a.m.	2nd Cong. Church	139 E. Putnam Ave.	Greenwich	Daily Reflection	3.33	Œ
CD	Tuesday	7:30 a.m.	Cong. Church	23 Park St.	New Canaan	1 Hr.	8.26	Œ
OD	Tuesday	7:30 a.m.	Unitarian Universalist Soc.	20 Forest St.	Stamford	Living Sober	1.71	<u>&</u>
OD	Tuesday	10:00 a.m.	St. Mark's Ch. Ofc. Bldg	111 Oenoke Ridge Rd.	New Canaan	1 Hr. Beginner's Mtg	8.45	Œ
OBB	Tuesday	10:00 a.m.	Norwalk Hospital	23 Maple St.	Norwalk	Bsmnt Nash Auditorm	8.82	<u>(</u>
CSD	Tuesday	12:00 p.m.	Christ Church	254 E. Putnam Ave.	Greenwich	1 Hr. (upstairs)	3.1	
OSD	Tuesday	12:00 p.m.	Glenbrook Comm. Ctr.	35 Crescent St.	Stamford	(2nd FI, Re-Al Club)	3.02	<u>e</u>
OD	Tuesday	12:00 p.m.	New Life House	41 Stillwater Ave.	Stamford	1 Hr. Discussion	1.02	
CBB	Tuesday	12:00 p.m.	Union Memorial Ch.	58 Church St.	Stamford	Enter Kirkham Pl. Women's Mtg.	2.98	
CBB	Tuesday		1st Cong. Church	1 Walton Place	Stamford	1 Hr.	1.73	
OSD	Tuesday	6:00 p.m.	Grace Evangelical Free Church	241 Courtland Ave.	Stamford	Beginner's/Child care avail.	2.99	Ŀ
CST	Tuesday	6:30 p.m.	Glenbrook Comm. Ctr.	35 Crescent St.	Stamford	Steps to Recovery (2nd FI)	3.02	Ŀ
CST	Tuesday	7:00 p.m.	Christ Church	254 E. Putnam Ave.	Greenwich	Parish House	3.1	
OD	Tuesday	7:00 p.m.	Christ Episcopal Ch.	1 Gregory Blvd.	Norwalk	Beginner's Topic 1 1/2 Hrs.	9.31	Ŀ
CST/CTR	Tuesday	7:00 p.m.	United Methodist Ch.	718 West Ave.	Norwalk	All Step 1-12+1 Trad.	9.23	Œ
OD	Tuesday	7:00 p.m.	Union Memorial Ch.	58 Church St.	Stamford	1 Hr.	2.98	
OD	Tuesday	7:00 p.m.	Men's Shelter	597 Pacific St.	Stamford	1Hr. Speaker/Discussion	1.19	<u>t</u>
OSD	Tuesday	7:00 p.m.	Pacific House	597 Pacific St.	Stamford	1 Hr.	1.19	

CD	Tuesday	7:30 p.m.	St. Paul Lutheran Ch.	286 Delavan Ave.	Greenwich	Beginner's Mtg.	5.56	હ
OSD	Tuesday	7:30 p.m.	St. Gabriel's R. C. Ch.	914 Newfield Ave.	Stamford	Behind Trinity High (rt side)	3.93	
OS	Tuesday	7:30 p.m.	Church of Christ	20 Brookdale Rd	Stamford	1 Hr.	6.54	
CST	Tuesday	8:00 p.m.	1st Cong. Church	14 Brookside Rd.	Darien	12 Steps	5.73	હ
CS	Tuesday	8:00 p.m.	1st Presbyterian Ch.	178 Oenoke Ridge Rd.	New Canaan	Men's	8.58	E
CSD	Tuesday	8:00 p.m.	United Ch. of Rowayton	210 Rowayton Ave.	Norwalk	Last Tues-OSD	6.42	
CD	Tuesday	8:00 p.m.	Hispano de Norwalk	3 Main St., Suite 207	Norwalk	2 Hrs. Spanish speaking	9.46	
0	Tuesday	8:00 p.m.	28 de Julio	726 S. Pacific St.	Stamford	2 Hrs. Spanish speaking	1.13	હ
CBB	Tuesday	8:15 p.m.	Christ Church	254 E. Putnam Ave.	Greenwich	Parish House Library	3.1	
CD	Tuesday	8:15 p.m.	Christ Church	254 E. Putnam Ave.	Greenwich	Beginner's Mtg. Parish (up)	3.1	
CST	Tuesday	8:45 p.m.	Christ Episcopal Ch.	1 Gregory Blvd.	Norwalk	All Steps 1-12 1 1/4 Hr.	9.31	Ŀ
CST	Tuesday	8:45 p.m.	Christ Episcopal Ch.	1 Gregory Blvd.	Norwalk	Beginner's Step 1-3 1 1/4 Hr.	9.31	હ
CST	Wednesday	7:00 a.m.	2nd Cong. Church	139 E. Putnam Ave.	Greenwich	Rotunda	3.33	હ
OSD	Wednesday	7:30 a.m.	1st Cong. Church	14 Brookside Rd.	Darien	Speaker Mtg	5.73	હ
CST	Wednesday	7:30 a.m.	Cong. Church	23 Park St.	New Canaan	12 Steps	8.26	હ
OST	Wednesday	7:30 a.m.	Unitarian Universalist Soc.	20 Forest St.	Stamford	1 Hr.	1.71	Ŀ
0	Wednesday		St. Mark's Ch. Ofc. Bldg.	111 Oenoke Ridge Rd.	New Canaan	Women's Promises	8.45	<u>હ</u> ્
OD	Wednesday		Norwalk Hospital	23 Maple St.	Norwalk	Bsmnt Nash Auditorm Beginner's	8.82	હ
CD	Wednesday	12:00 p.m.	Christ Church	254 E. Putnam Ave	Greenwich	1 Hr.	3.1	
OSD	Wednesday	12:00 p.m.	Glenbrook Comm.Ctr	35 Crescent St.	Stamford	(2nd FI, Re-Al Club)	3.02	હ
OD	Wednesday	12:00 p.m.	New Life House	41 Stillwater Ave.	Stamford	Big Book	1.02	
OSD	Wednesday	12:00 p.m.	1st Cong. Church	1 Walton Place	Stamford	1 Hr.	1.73	
CD	Wednesday	12:15 p.m.	Noroton Presbyterian Ch.	2011 Post Rd.	Darien	Women's Mtg.	3.99	
CD	Wednesday	5:00 p.m.	Trinity Episcopal	20 Brookdale Rd.	Stamford	1 Hr.	6.54	

CST	Wednesday	5:30 p.m.	St. Paul Lutheran Ch.	286 Delavan Ave.	Greenwich	2nd FI (11th Step Meditation)	5.56	
CD	Wednesday	7:15 p.m.	Silver Hill	208 Valley Rd.	New Canaan	1 Hr./Women's Mtg. Martin Ctr.	9.92	હ
CST	Wednesday	7:30 p.m.	2nd Cong. Church	139 E. Putnam Ave.	Greenwich	55 minutes/2nd FI	3.33	
OD	Wednesday	7:30 p.m.	Glenbrook Comm. Ctr.	35 Crescent St.	Stamford	(2nd FI, Re-Al Club)/Beginner's	3.02	દ
OSD	Wednesday	7:30 p.m.	New Life House	41 Stillwater Ave.	Stamford	1 Hr.	1.02	
CBB	Wednesday	7:30 p.m.	Stamford Baptist Ch.	602 High Ridge Rd.	Stamford	1 Hr.	3.72	
CSD	Wednesday	8:00 p.m.	St. Pauls Episcopal Church	200 Riverside Ave.	Greenwich	1 Hr.	1.56	<u>હ</u>
CBB	Wednesday	8:00 p.m.	St. Saviour's Church	350 Sound Beach Ave.	Greenwich	Study Rm dwnstrs	1.05	
0	Wednesday	8:00 p.m.	Hispano de Norwalk	3 Main St., Suite 207	Norwalk	2 Hrs. Spanish speaking	9.46	
CSD	Wednesday	8:00 p.m.	Grace Episcopal Ch.	14 Mott Ave.	Norwalk	1 Hr.	9.12	
CD	Thursday	7:00 a.m.	2nd Cong. Church	139 E. Putnam Ave.	Greenwich	Beginner's Mtg.	3.34	<u>હ</u> ્
OD	Thursday	7:30 a.m.	1st Cong. Church	14 Brookside Rd.	Darien	24 Hours a Day	5.73	<u>હ</u> ્
CD	Thursday	7:30 a.m.	1st Cong. Church	14 Brookside Rd.	Darien	Beginner's Mtg.	5.73	<u>હ</u> ્
OBB	Thursday	7:30 a.m.	Unitarian Universalist Soc.	20 Forest St.	Stamford	1 Hr.	1.71	<u>હ</u> ્
OD	Thursday	10:00 a.m.	Norwalk Hospital	23 Maple St.	Norwalk	Bsmnt Nash Auditorm/ 24 Hours a Day	8.82	<u>હ</u> ્
OSD	Thursday	12:00 p.m.	Christ Church	254 E. Putnam Ave	Greenwich	1 Hr.	3.08	
CD	Thursday	12:00 p.m.	St. Michael's Lutheran Ch.	5 Oenoke Ridge Rd.	New Canaan	1 Hr.	7.9	
CSD	Thursday	12:00 p.m.	Glenbrook Comm. Ctr.	35 Crescent St.	Stamford	(2nd FI, Re-Al Club)	3.02	હ
OD	Thursday	12:00 p.m.	New Life House	41 Stillwater Ave.	Stamford	Grapevine	1.01	
CST	Thursday	12:00 p.m.	1st Cong. Church	1 Walton Place	Stamford	1 Hr.	1.73	
CST	Thursday	5:30 p.m.	St. Luke's Church	1864 Post Rd.	Darien	1 Hr.	6.56	હ
CST	Thursday	5:30 p.m.	Presbyterian Ch.	38 West End Ave.	Greenwich	1 Hr.	3.72	<u>હ</u> ્
CD	Thursday	7:00 p.m.	Christ Church	254 E. Putnam Ave.	Greenwich	Beginner's Mtg. Parish (up)	3.12	
CBB	Thursday	7:00 p.m.	Glenbrook Comm. Ctr.	35 Crescent St.	Stamford	Big Book 1 1/4 Hr. (2nd FI)	2.68	<u>હ</u> ્
OSD	Thursday	7:00	St. Cecilia's	1184 Newfield	Stamford	1 Hr.	4.52	

CCT /CTC	Theorem	p.m.	Ch.	Ave.	Cmo = :=: 1:1	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	2 1 1	
CST/CTR	Thursday	7:30 p.m.	YWCA	259 E. Putnam Ave.	Greenwich	Women's Mtg. Conf Rm	3.11	હ
CSD	Thursday	7:30 p.m.	Stamford Baptist Ch.	602 High Ridge Rd.	Stamford	Men's	3.73	
OD	Thursday	7:30 p.m.	Sacred Heart Church Hall	37 Schuyler Ave	Stamford	Open Disscussion	1.21	
СВВ	Thursday	7:30 p.m.	New Life House	41 Stillwater Ave.	Stamford	1 Hr. Big Book	1.04	
os	Thursday	8:00 p.m.	1st Cong. Church	14 Brookside Rd.	Darien	1 Hr.	5.73	દ
CST	Thursday	8:00 p.m.	United Methodist Ch.	165 South Ave.	New Canaan	1 Hr	7.84	
OBB	Thursday	8:00 p.m.	Hispano de Norwalk	3 Main St., Suite 207	Norwalk	2 Hrs. Spanish speaking	9.43	
0	Thursday	8:00 p.m.	28 de Julio	726 S. Pacific St.	Stamford	2 Hrs. Spanish speaking	1.13	Ŀ
CD	Thursday	8:10 p.m.	St. Paul's Episcopal Ch.	200 Riverside Ave.	Greenwich	50 minutes	3.72	હ
OD	Thursday	8:15 p.m.	Christ Church	254 E. Putnam Ave.	Greenwich	Men's/Parish House Library	3.1	
CD	Thursday	8:30 p.m.	Christ Episcopal Ch.	1 Gregory Blvd.	Norwalk	As Bill Sees It 1 1/2 Hrs.	9.31	Ŀ
CSD	Thursday	8:30 p.m.	St. Paul's Episcopal Ch.	60 East Ave.	Norwalk	1 Hr.	9.74	
OSD	Thursday	8:30 p.m.	St. Andrew's Episcopal Ch.	1231 Washington Blvd.	Stamford	1 Hr.	1.51	
CST	Friday	7:00 a.m.	2nd Cong. Church	139 E. Putnam Ave.	Greenwich	11th Step	3.34	Œ
OD	Friday	7:00 a.m.	St. Paul's Lutheran Church	286 Delevan Ave	Greenwich	Men's Mtg / literaure 1 1/2 Hrs.	5.56	<u>ક</u>
СВВ	Friday	7:30 a.m.	1st Cong. Church	14 Brookside Rd.	Darien	Big Book	5.73	<u>ક</u>
OD	Friday	7:30 a.m.	1st Cong. Church	14 Brookside Rd.	Darien	Women's	5.73	<u>ક</u>
os	Friday	7:30 a.m.	Cong. Church	23 Park St.	New Canaan	1 Hr.	8.29	Œ
OD	Friday	7:30 a.m.	Unitarian Universalist Soc.	20 Forest St.	Stamford	24 Hours a Day	1.71	Ŀ
OST	Friday	10:00 a.m.	Norwalk Hospital	23 Maple St.	Norwalk	Bsmnt Nash Auditorm	8.82	Ŀ
CSD	Friday	10:00 a.m.	St. Leo's Ch.	24 Roxbury Rd.	Stamford	Women's Mtg. 1 1/2 Hrs.	3.46	<u>ક</u>
CST	Friday	12:00 p.m.	Diamond Hill Methodist Ch.	521 E. Putnam Ave.	Cos Cob	1 Hr.	2.47	Ŀ
OSD	Friday	12:00 p.m.	Glenbrook Comm. Ctr.	35 Crescent St.	Stamford	(2nd FI, Re-Al Club)	3.02	<u>હ</u> ્
OD	Friday	12:00 p.m.	New Life House	41 Stillwater Ave.	Stamford	24 Hours a Day	1.02	

CD	Friday	12:00 p.m.	St. Luke's Lifeworks	145 Franklin St.	Stamford	Comm Rm B. / Women's Mtg.	1.7	Œ
CSD	Friday	12:00 p.m.	1st Cong. Church	1 Walton Place	Stamford	24 Hours a Day	1.73	
CD	Friday	5:30 p.m.	St. John's Catholic Ch.	1986 Post Rd.	Darien	Annex thru Kitchen/ 24 Hours a Day	4.06	
CBB	Friday	7:00 p.m.	1st Cong. Church	14 Brookside Rd.	Darien	1 Hr.	5.73	દ
OD	Friday	7:00 p.m.	Norwalk Hospital	23 Maple St.	Norwalk	Bsmnt Nash Auditorm	8.82	<u>ક</u>
OD	Friday	7:00 p.m.	Glenbrook Comm. Ctr.	35 Crescent St.	Stamford	(2nd FI, Re-Al Club)	3.02	Œ
OST/TR	Friday	7:00 p.m.	1st Presbyterian Ch.	1110 Bedford St.	Stamford	Step/Tradition	1.93	<u>હ</u>
CD	Friday	7:15 p.m.	Christ Church	254 E. Putnam Ave.	Greenwich	Beginner's	3.12	
OD	Friday	7:30 p.m.	Noroton Presbyterian Ch.	2011 Post Rd.	Darien	Beginner's 3/4 Hr.	3.99	
OST	Friday	7:30 p.m.	Noroton Presbyterian Ch.	2011 Post Rd.	Darien	Beginner's 3/4 Hr. (in Library)	3.99	
OSD	Friday	7:30 p.m.	Christ Church	254 E. Putnam Ave.	Greenwich	Parish House Library	3.1	
CST	Friday	7:30 p.m.	2nd Cong. Church	139 E. Putnam Ave.	Greenwich	1 Hr.	3.34	
OD	Friday	7:30 p.m.	Church of Christ	20 Brookdale Rd.	Stamford	Beginner's/last Fri of mo. Anniv.	6.54	
Ο	Friday	8:00 p.m.	Hispano de Norwalk	3 Main St., Suite 207	Norwalk	2 Hrs. Spanish speaking	9.43	
Ο	Friday	8:00 p.m.	28 de Julio	726 S. Pacific St.	Stamford	Beginner's 2 Hrs. Spanish speaking	1.13	
CBB	Friday	8:30 p.m.	Christ Episcopal Ch.	1 Gregory Blvd.	Norwalk	Big Book 1 1/2 Hrs.	9.3	Ŀ
CST	Saturday	7:30 a.m.	Rowayton United Methodist Ch.	7 Pennoyer St.	Norwalk	1 Hr.	6.45	
OD	Saturday	8:00 a.m.	1st Cong. Church	14 Brookside Rd.	Darien	Living Sober	5.73	Œ
CD	Saturday	8:00 a.m.	2nd Cong. Church	139 E. Putnam Ave.	Greenwich	As Bill Sees It 1 1/4 Hr.	3.34	Œ
OSD	Saturday	9:00 a.m.	Unitarian Universalist Soc.	20 Forest St.	Stamford	1 Hr.	1.71	<u>હ</u> ્
CD	Saturday	9:15 a.m.	1st Presbyterian Ch.	178 Oenoke Ridge Rd.	New Canaan	1 Hr.	8.58	Ŀ
OD	Saturday	10:30 a.m.	1st Presbyterian Ch.	178 Oenoke Ridge Rd.	New Canaan	1 Hr.	8.56	Ŀ
CSD	Saturday	10:30	Grace	14 Mott Ave.	Norwalk	1 1/2 Hrs.	9.21	Œ

		a.m.	Episcopal Ch.					
CSD	Saturday	12:00 p.m.	St. Paul Lutheran Ch.	286 Delavan Ave.	Greenwich	1 Hr.	5.56	Ŀ
OS	Saturday	12:00 p.m.	Christ Episcopal Ch.	1 Gregory Blvd.	Norwalk	3 Speaker	9.3	Ŀ
OSD	Saturday	12:00 p.m.	Glenbrook Comm. Ctr.	35 Crescent St.	Stamford	(2nd FI, Re-Al Club)	3.02	Œ
OSD	Saturday	12:00 p.m.	1st United Methodist Ch.	42 Cross Rd.	Stamford	Bagels	2.68	Œ
OBB	Saturday	5:00 p.m.	1st Cong. Church	14 Brookside Rd.	Darien	1 Hr.	5.73	Ŀ
CD	Saturday	5:00 p.m.	Christ Church	254 E. Putnam Ave.	Greenwich	Library	3.12	
CD	Saturday	5:00 p.m.	Dingletown Comm. Ch.	Stanwich Rd./Barnstable La.	Greenwich	Women's	2.42	
CBB	Saturday	5:30 p.m.	Stanwich Chapel	237 Taconic Rd.	Greenwich	Upstairs Annex	2.42	
CD	Saturday	6:00 p.m.	United Methodist Ch.	718 West Ave.	Norwalk	Beginner's AA Lit/Disc	9.2	Œ
os	Saturday	6:30 p.m.	Glenbrook Comm. Ctr.	35 Crescent St.	Stamford	3 Speaker/Anniv. Last Sat (2nd FI)	2.68	Œ
CD	Saturday	7:00 p.m.	New Life House	41 Stillwater Ave.	Stamford	Men's	1.04	
CSD	Saturday	8:00 p.m.	Diamond Hill Methodist Ch.	521 E. Putnam Ave.	Cos Cob	1 Hr.	2.47	<u></u>
OS	Saturday	8:00 p.m.	St. Paul's Episcopal Ch.	60 East Ave.	Norwalk	1 1/2 Hrs.	9.74	
OD	Saturday	8:00 p.m.	Hispano de Norwalk	3 Main St., Suite 207	Norwalk	2 Hrs. Spanish speaking	9.43	
OSD	Saturday	8:00 p.m.	Stamford Baptist Ch.	602 High Ridge Rd.	Stamford	1 1/2 Hrs.	3.72	
OSD	Saturday	8:30 p.m.	New Life House	41 Stillwater Ave.	Stamford	1 Hr.	1.04	

This site is maintained by the Area 11 Connecticut General Service Website Committee Contact us

Al-Anon Alateen District 5

Area 7 (Connecticut)

TECH COMMITTEE DRAFT OF DIST SCHEDULE FOR WEB SITE



http://ctalanon.org/ 1-888-825-2666

Legend - C = Closed O = Open E = English S = Spanish N = Newcomers Mtg. H - Handicap Access A = AA on Premise St= Step AT=Alateen

Meeting Town	Meeting Day	Time	Meeting Place	Meeting Address	Notes	Legend
	3 .,			y	Step/Trad Mtg - Conf	
Stamford	Sunday	10:00 AM	Tully Health Center	34 Strawberry Hill Court	Rm B - Left Ent Vistor Lot	-OEHS†
New Canaan	Sunday	10:30 AM	Silver Hill Hospital	208 Valley Road	Rm 23 - Jurgenson Bldg.	OE
					Ch. Office Bldg - 2nd Fl.	
Wilton	Sunday	6:00 PM	Wilton Cong. Church	70 Ridgefield Rd	Rm M-5 1 hr. Mtg.	CE
					ACOA Mtg. Conf. Rm.	
New Canaan	Monday	12:00 PM	St Marks Church	111 Oenoke Ridge	Education Bldg. East	CE
			St Peter's Lutheran			
Norwalk	Monday	7:30 PM	Church	208 Newtown Ave	1 Hour Mtg.	CE
	,		Noroton Presbyterian		Adult Children - Lower	
Darien	Monday	8:00 PM	Church	2011 Post Rd	Level Clsrm Bldg. St. 1st	OESt.
Greenwich	Monday	8:00 PM	Christ Church	254 East Putnam Ave	In Library - AA Nearby	OE
Norwalk	Tuesday	9·10 AM	Norwalk High School	55 County St.	Limited to Norwalk HS	Limited AT
T COL TY CITE	1003447	7.10 7 11 11	l l l l l l l l l l l l l l l l l l l	00 0001117 011	Conf. Rm. Education	EIITHIOG 7 (I
New Canaan	Tuesday	12:00 PM	St Marks Parish House	111 Oenoke Ridge	Bldg. East Entrance	CE
	,		Nash Auditorium Norwalk	· · ·	2 Hour Meeting -	
Norwalk	Tuesday	7:00 PM	Hospital	34 Maple St.	Spanish	CSH
					Newcomers 7:30 p.m -	
Darien	Tuesday	7:30 PM	St Thomas More School	374 Middlesex Rd	Mtg in Converted	OEN
					Library in School	
Darien	Tuesday	8:00 PM	St Luke's Church	1848 Post Road	Basement In Rear	OE
Stamford	Wodporday	1.2.00 DAA	First Cong. Church	1 Walton Place	2nd Floor	CE
SIGITIIOIG	Wednesday	12.00 7/1	First Cong. Church	i wanon riace		CE
Navy Cara arara	Made and sur	0.00 044	Silver Hill	200 Vellov Doord	Newcomer's Mtg. 7:30	CENT
New Canaan	Wednesday	8:00 PM	Silver Hill	208 Valley Road	PM	CEN

			St Catherine Of Siena		Rm. 210 2nd Fl. Of	
Greenwich	Thursday	11:30 AM	Church	Post Rd & Riverside Ave	School Building	OE
			Triangle Community		Enter on Mechanic St.	
Norwalk	Thursday	7:30 PM	Center	16 River Street	LGBT Mtg	CEH
			Unitarian Universalist		Un Nuevo Despertar	
Stamford	Thursday	7:30 PM	Society	20 Forest Street	GFA	OS
					Meet in School Bldg.	
Norwalk	Thursday	7:45 PM	First Cong. Church	Park And Lewis St	Rear of Ch. Mtg. 8 PM	CEH
			Greenwich Hosp.		Cafeteria Mtg Rm	
Greenwich	Thursday	8:00 PM	Watson Pavilion	5 Perry Ridge Rd	Lower Level - One Hour	OEN
Greenwich	Thursday	8:00 PM	Greenwich Hospital	5 Perry Ridge Rd	Pemberwick Rm. 3rd Fl.	AT
			St Cecilia's Church,	-	Newcomer's Mtg. 9:30	
Stamford	Saturday	10:00 AM	Parish House	1180 Newfield Avenue	AM	CEN
			Nash Auditorium Norwalk		2 Hour Meeting -	
Norwalk	Saturday	3:00 PM	Hospital	34 Maple St.	Spanish	CS
			Nash Auditorium Norwalk		2 Hour Meeting -	
Norwalk	Saturday	3:00 PM	Hospital	34 Maple St.	Spanish/English	AT

Narcotics Anonymous Programs

Narcotics Anonymous or NA is a 12 step program that is similar to the other nonprofit organization: Alcoholics Anonymous. This program is designed to help people who have a drug problem. However, not every drug addict can enter NA and have success. It takes a good level of will power to make it through.

Local Companies

Recovery Program at Greenwich Hospital (203) 863-4673 5 Perryridge Road Greenwich, CT

Viewpoint Recovery Program (203) 356-1053 104-106 Richmond Hill Avenue Stamford, CT

Liberation Programs Inc (203) 356-1980 115 Main Street Stamford, CT

Liberation Programs (203) 869-1349 55 Old Field Point Road Greenwich, CT

Renaissance Project Inc/Port Chester (914) 939-2700 132 Pearl Street Port Chester, NY

Connecticut Renaissance Inc (203) 854-2915x3004 141 Franklin Street Stamford, CT

Taken from http://local.soberrecovery.com/Narcotics_Anonymous_Greenwich_CT-r1298556-Greenwich CT.html

Revised: 3-1-12

NA Meeting Search Narcotics Anonymous Hotline 1-800-627-3543

City/State/ZIp	Location	Address	Day	Day Time		Wheel Chair	Format
Stamford CT 06902- 6419	Chester Addison Community Center	245 Selleck Street	Sunday 7:00 Yes E		Ġ.	Basic Text	
Stamford CT 06902- 5621	Yerwood Center	190 Fairfield Avenue	Monday	7:00 pm	Yes		Speaker, Discussion/Participation
Stamford CT 06901- 1014	Franklin Commons Building	14 Franklin Street Room 1	Wednesday	7:00 pm	No &		Speaker
Stamford CT 06901- 1014	Franklin Commons Building	14 Franklin Street Community Room	Thursday	12:00 Pm Noon	Yes	ė.	Children Welcome, Speaker, Step, Topic
Stamford CT 06902- 4970	New Life House	41 Stillwater Avenue	Friday	8:00 pm	No	Ė	Speaker, Discussion/Participation
Stamford CT 06902- 6419	Chester Addison Community Center	245 Selleck Street	Saturday	7:00 pm	No	Ġ	Speaker

G,L,B - Gay, Lesbian, Bi-sexual - AA 12 Step meetings Hotline 1-866-783-7712

- 9:00 a.m. Sunday Norwalk OS Triangle Community Center Mechanic & Wall Sts. Gay
- 7:30 p.m. Monday Westport CD United Methodist Ch. 49 Weston Rd Men's, Gay
- 7:30 p.m. Monday Westport OD Saugatuck Congregational Ch. 245 Post Rd E. Women's Gay
- 7:30 p.m. Wednesday Westport CST/CTR United Methodist Ch. 49 Weston Rd Gay and Lesbian
- 8:30 p.m. Friday Westport CD Saugatuck Congregational Ch. (2nd Fl) 245 Post Rd E Gay
- 8:00 p.m. Saturday Westport CBB Saugatuck Congregational Ch. 245 Post Rd E Gay

CODA - Codependence Anonymous

7:00pm Thursday Westport Saugatuck Congregational Ch. 245 Post Rd E Call Todd 203-268-8741

** This not an AA meeting, does not focus on powerlessness or higher power Focus on empowering your sober self.

LifeRing Face-to-Face Open Meetings

Greenwich Hospital 5 Perryridge Road Greenwich, CT Cafeteria Conference Room

Wednesday 7:30 pm Sunday 4:00 pm

Contact person: Mona H. 917-539-9927 Email: monahirson@msn.com For more info: www.lifering.org Book "Recovery by Choice" by Martin Nicolaus



Nicotine Anonymous Resource Information

1. Nicotine Anonymous Groups in CT

Group ID	State	City	Location	Day	Time	Address	Additional Info
	CT	Ansonia	Birmingham	Wed	4:00 pm	435 E.	
			Group			Main	
						Street	
108-07-057	CT	Canaan	Mountainside	Wed	07:30 pm	Route 7 /	
		(not New	Lodge			P. O. Box	
		Canaan)				717	
	CT	Clinton	Academy	Mon	6:00 pm	61 E.	meeting on 2 nd
			Building			Main St.	floor
108-07-066	CT	Middletown	South	Mon	05:00 pm	1325	Call 860-343-
			Church			Randolph	0807 to get into
						Rd	the building
108-07-088	CT	Milford	Trinity	Mon	12:00 pm	21 Robert	Meetings are
			Lutheran			Treat	held weekly in
			Church			Parkway	the group
							meeting room.

For local contact information for any specific meeting, please send us a request at info@nicotine-anonymous.org

2. How to start a nicotine anonymous group. Go to: http://www.nicotine-anonymous.org/meetings starter kit.php

Revised: 3-1-12

Problem Gambling Services in Connecticut

Gamblers Anonymous Hotline (Free, Confidential,24/7) 1-855-222-5542 www.gamblersanonymous.org

CT Problem Gambling Helpline (Free, Confidential, 24/7) 1-888-789-7777 Live Chat Line Available, click on **www.problemgambling.org** for times

Treatment Services: REGION 1 – Southwest CT

Connecticut Renaissance......203-866-2541, ext. 3005

Regional Network of Programs Inc.203-366-5817, ext 100

CASA (Spanish Speaking Services).....203-339-4112

Gambling Anonymous (GA) Meetings: Fairfield County and Surrounding Area

"Closed Meeting" = Only those with a gambling problem, or those who think they may have a gambling problem, and have a desire to stop gambling, may attend and participate.

"**Open Meeting**" = Spouses, family, and friends of the gambler are welcome to attend and observe the meeting. **Locations below are those closest to Fairfield County

Location	Meeting	Weekday	Time	Address
Stamford	Closed	Monday	8:00 pm	Union Memorial Church
				68 Church Street
				Stamford CT 06906
Darien	Closed	Wednesday	7:30-9:30 pm	First Congregational Church 14
				Brookside Road
				Darien CT 06820
Milford, CT	Open	Tuesday	7:00 pm	Mary Taylor
				United Methodist Church
				176 South Broad Street
				Milford, CT 06460
Meriden, CT	Open	Tuesday	7:30 pm	Rushford Center
				883 Paddock Avenue
				Meriden, CT 06450

Compliments of Lower Fairfield Regional Action Council

www.lfcrac.org

Revised: March 2013



LATINO MENTAL HEALTH PROVIDERS (LOWER FAIRFIELD AREA)

Additional Resources

To locate Mental Health Services Ph: 211 or go to www.211ct.org (Toll free, Multilingual, Confidential, 24hrs a day)

Treatment Locator Hotline Ph: 1-800-662-4357 or go to http://store.samhsa.gov/mhlocator

Latino Behavioral Health Services: (203) 974-5805 or go to http://www.ctlbhs.org/about.html

Agency/Or	ganization	Adult	Youth	Inpatient	Outpatient
Child Guidance Center	Stamford, CT		√		./
203-324-6127	www.childguidancect.org		V		V
Family Centers Inc.	Greenwich, CT	./	./		./
203-869-4848	www.familycenters.org	V	V		V
Recovery Network of Prog	rams Inc. Bridgeport, CT	./	./	Adults	./
203-333-3518 <u>ww</u>	w.recovery-programs.org	V	V	Only	V
Silver Hill Hospital	New Canaan, CT	./	./	./	
203-966-3561 <u>v</u>	www.silverhillhospital.org	V	V	V	
Stamford Counseling Cent	er Stamford, CT	./	./		./
203-323-8560	www.sccweb.org	v	√		v

LATINO SUBSTANCE ABUSE PROVIDERS (LOWER FAIRFIELD AREA)

To Locate Substance Abuse Providers:

211 Infoline or go to www.211ct.org (Toll free, Multilingual, Confidential, 24hrs a day)

Treatment Locator Hotline Ph: 1-800-662-4357 or go to http://dasis3.samhsa.gov

Latino Substance Abuse Services: (203) 974-5805 or go to http://www.ctlbhs.org/about.html

Agency/Organization	Adult	Youth	Inpatient	Outpatient	DETOX
Chemical Abuse Services Agency Bridgeport, C CASA (multiple locations) (203) 974-5805 http://www.ctlbhs.org/casa.htm	✓		√	√	
Family Centers Inc. Greenwich, C 203-869-4848 <u>www.familycenters.org</u>	✓	✓		✓	
Liberation Programs Inc. Stamford, C 203-356-1980 <u>www.liberationprograms.or</u>	\checkmark	✓	Adults Only	✓	
Recovery Network of Programs Inc. Bridgeport, C 203-333-3518 <u>www.recovery-programs.o</u>	✓	✓	Adults Only	✓	✓
Silver Hill Hospital New Canaan, C 203-966-3561 <u>www.silverhillhospital.or</u>	\checkmark	√	√		Adults & Youth
Stamford Counseling Center Stamford, C 203-323-8560 <u>www.sccweb.or</u>	\checkmark	√		√	

Substance Abuse

Treatment Sites for Seniors in the Greater Stamford/Greenwich Area

Commission on Aging: Darien- 203-655-9938
Commission on Aging: Greenwich- 203-862-6710
Eldercare Council/Health & Human Resources: New Canaan 203-972-3519
Commission on Aging: Stamford – 203-324-6584

Alcohol Rehab Center

Find a Comfortable, Safe & Effective alcohol rehab center www.TreatmentSolutionsNetwork.com

Recovery Program at Greenwich Hospital (not senior-specific)

(203) 863-4673 5 Perryridge Road Greenwich, CT

Connecticut Counseling Centers Inc. (takes Seniors, no specific senior focus)

(203) 838-6508 20 North Main Street Norwalk, CT

Silver Hill Hospital Inc (in-patient and transitional living/ not seniorspecific)

(203) 966-3561 208 Valley Road New Canaan, CT

Liberation Programs Inc. (out-patient <u>senior-specific</u> programming; Prevention, intervention and treatment services for 55+)

Older Adults Recovery Program Contact Bill Gonzalez at 203-388-1565 Stamford, CT

Family and Children's Services Agency Inc. (includes senior focused prevention for women only programs)

Project Reward (203) 831-6301x11 165 Flax Hill Road Norwalk, CT

Taken from: http://local.soberrecovery.com/Substance_Abuse_Treatment_Facilities_Stamford_CT-r1360864-Stamford_CT.html 12-2-12

Behavioral Health

Treatment Sites for Seniors in the Greater Stamford/Greenwich Area

Commission on Aging: Darien- 203-655-9938
Commission on Aging: Greenwich- 203-862-6710
Eldercare Council/Health & Human Resources: New Canaan 203-972-3519
Commission on Aging: Stamford – 203-324-6584

Center for Healthy Aging at Greenwich Hospital

(203) 863-4373 5 Perryridge Road Greenwich, CT

F.S. Dubois Center (Department of Mental Health & Addiction Services)

Mobile Crisis Services (Not senior specific) 203-358-8500 Clinical Services: 203-921-4600 780 Summer Street Stamford, CT

Family and Children's Services Agency Inc. (includes senior focused program)

203-855-8765 9 Mott Avenue Norwalk, CT

Laurel House (not senior-specific)

203-324-1816 1616 Washington Blvd, Stamford Stamford Social Services Senior Outreach

Greenwich Social Services- Senior Outreach

203-622-3800 **Stamford Social Service**r- Senior Outreach 203-977-4747

Revised: 12.2.12

EATING DISORDERS Treatment Services in lower Fairfield County Region Inpatient (I), Outpatient (O)

* 211 Infoline: Connecticut resource that will assist you to locate treatment center.

Ph: 211 or go to website: www.infoline.org

* Eating Disorder Referral & Information Center, Stamford:

http://www.edreferral.com/states/ct.html#Stamford

			9	SERVICES	
Provider/Contacts	Ages	ı	0	Intake Hours	Requirements for Admittance Subject to change. Contact provider for updates.
Silver Hill Hospital New Canaan, CT Ph :203-966-3561 www.silverhillhospital.org	13-17	✓	√	M-F: 9am-5pm	Insurance: Silver Hill Hospital is in network with many major insurance and managed care companies, including Medicare, for inpatient treatment.
The Renfrew Center of Connecticut Old Greenwich, 1-800-RENFREW (736-3739) www.renfrewcenter.com	12-18		~	M-F: 9am-5pm	Insurance: Commercial insurance. Other: Referrals only, no walk-ins
Wilkins Center for Eating Disorders 7 Riversville Road Greenwich, CT 203.531.1909 www.wilkinscenter.com	12- Adult		>	M-F: 9am-5pm	Insurance: Commercial insurance. Other: Referrals only, no walk-ins

